

# PHYSICAL EDUCATION - AS (0899)

Division: Social Sciences Division

Code	Title	Credits
<b>General Education Requirements (33 Credits)</b>		
<i>Written &amp; Oral Communication (6)</i>		
ENG 101	College Composition I	3
ENG 102	College Composition II	3
<i>Quantitative/Scientific Knowledge, Skills &amp; Reasoning (12)</i>		
Select either one Science sequence & one MTH course or two MTH courses & one Science course:		12
BIO 101-BIO 102, BIO 103-BIO 104, BIO 116, BIO 121-BIO 122, BIO 211, BIO 220, BIO 237,		
CHM 101-CHM 102, CHM 103-CHM 104, GEO 101-GEO 102, PHY 101-PHY 102, PHY 103-PHY 104, PHY 105, PHY 113-PHY 114, MTH 100, MTH 101, MTH 103, MTH 113, MTH 119, MTH 120, MTH 121, MTH 122, MTH 127		
<i>Society &amp; Human Behavior (6)</i>		
Select two of the following:		6
ANT 101, ANT 105, ECO 101, ECO 102, POL 104, PSY 101, PSY 102, PSY 219, SOC 101, SOC 108, SOC 219		
<i>Humanistic Perspective (6)</i>		
Select any English Literature course		3
Select one of the following courses:		3
ART 100, ART 101, ART 102, ART 200, CIN 101, CIN 103, DRA 100, FRN 101, FRN 102, MUS 100, MUS 109, MUS 110, MUS 117, PHI 101, REL 105, SPN 101, SPN 102		
<i>Historical Perspective (3)</i>		
Select any History (HST) course		3
<b>Major Requirements (15 Credits)</b>		
HLT 101	Healthful Living	3
PHE 101	Introduction to Physical Ed	2
PHE 115	First Aid and Safety	2
PHE 119	Concepts in Physical Education	2
Select one of the following:		2
PHE 262, PHE 263, PHE 266		
Select four PHE activity courses (each one credit)		4
<b>Additional Course Requirements (12 Credits)</b>		
BUS 101	Business Organization & Mgmt	3
Select any additional History (HST) course		3
Select any English Literature course		3
Select one Social Science course from those designated as ANT, CJI, EDU, POL, PSY or SOC		3
<b>Total Credits</b>		<b>60</b>

## Notes:

- For an explanation of why General Education courses are included in this Program, please refer to the Section on General Education for an explanation of its Purpose and Requirements.
- This plan assumes the student is eligible to enroll in College Level Courses (designated as 100 +, e.g., ENG 101 College Composition I,

HST 101 World Civilization I, MTH 100 Intro. to College Mathematics). Placement results will determine College Level Readiness in English and Mathematics.

## Upon Completion of this program, graduates will be able to:

- Demonstrate competency in varied physical skills, and techniques and mechanics of activity;
- Receive First Aid Certification;
- Practice preventative measures and first aid in event of accidents or illness;
- Demonstrate mastery of concepts related to health and physical fitness;
- Demonstrate knowledge of fundamentals and techniques of specific sports; and
- Qualify for employment opportunities.