## **FOUNDATIONS OF PERSONAL DEV. (FPD)**

Division: Remedial

## FPD 080 Foundations of Personal Dev I (1.5 Credits)

This is a counseling course designed to assist pre-college students in their personal adjustment to the college environment. The course addresses the development of a positive self-concept, effective interpersonal communication skills, and working knowledge of college systems. The course is limited to Special Programs students.

## FPD 081 Foundations of Personal Dev II (1.5 Credits)

This is a counseling course designed to assist the pre-college student in viewing college education as a component in the career development process. Topics covered include realistic establishment of career/educational goals, pursuit of vocational goals, time management, and personal interaction. The course is limited to Special Programs students.